SHOOK MOUNTAIN TRAIL #731 & 601

DIRECTIONS TO TRAILHEAD: From Triple Creek Ranch driveway, turn right onto the West Fork Road. After approximately 1 mile, you will see the Piquette Creek Road sign. Take a left and cross the bridge. Continue up for 1.5 miles. At this point, you will notice a sign that indicates the road to Shook Mountain. Take the sharp left here and head up the mountain. This is a narrow road with steep banks. Just past the 3 mile marker, you will come to a "Y" in the road; take the left fork. There is another "Y" shortly after you pass the 7 mile marker. You will find the trail on the left fork of the road, but look carefully as the road does not end at the trailhead. After you have found the trail, you will see a Shook Mountain sign about 20 yards beyond the trailhead.

ELEVATIONS: Shook Peak 7561 ft.

MILEAGE: Approximately 2 miles in length.

TRAIL DESCRIPTION: The Shook Mountain trail moves east and south around a bowl. At about the 601 marker on the trail, you will start a good pull up to Shook Mountain. The muscular strain will last for about 25-30 minutes, going at about a 40 degree slant.

At the top of the mountain, you will find yourself in pine thickets, and the trail may seem to disappear. Walk straight through the thickets. When you reach the other side of the thickets, the trail will be a short distance below you. You may choose to head back to TCR, or if you are a hearty hiker, hit the trail and continue on to Rocky Knob and Medicine Point Fire Lookout.